



Women and Gender
Equality Canada

Femmes et Égalité
des genres Canada

Confident Me

#thepowerwithin

Join a network of
Body Confidence Champions
across Canada!

plancanada.ca/powerwithin



**Has successfully completed the Confident Me: School Workshops
for Body Confidence program!**

Now you can take what you just learned and do your best to be a Body Confidence Champion!

Signature

Date